

IS IT

MEMORABLE?

WHAT **GOOD** IS A
SUNDAY SCHOOL LESSON
IF KIDS **FORGET** IT
BEFORE LUNCH?

GEESH!
I FORGOT
ALREADY!



**HERE'S A CHECKLIST TO HELP YOU
MAKE SURE EVERY LESSON YOU PLAN
IS A MEMORABLE ONE.**

- Leave room for the kids to talk**
Kids learn best not by being lectured to, but by talking, asking questions and interacting.
- Focus on one key truth**
Less is more. They'll remember one key truth better than five!
- Hit all learning styles**
You'll have kids with lots of different learning styles in the room—engage them all.
- Use an object lesson**
Use an object they will see during the week. When kids see the object, they'll remember your lesson.
- Engage all 5 senses**
Don't just engage their ears and eyes: touch, smell and taste help kids remember, too.
- Use pictures**
Half of the brain is dedicated to visual function, and 65% of kids are visual learners.
- Use lots of repetition**
Say it once, and they'll forget it. But repeat it six or more times, and their retention rate goes up to 90%
- Switch focus every 5 minutes**
Kids will zone out if you don't. Honor their attention span and you will keep it.
- Give practical takeaways**
Information – application ≠ life change. Go beyond the facts; show them how to apply it to their life.
- Engage their emotions**
Emotion is a glue of learning. Create experiences that help them feel the tension of the truth.

